

NEW FROM MARIAN PRESS

Understanding the Sacraments

God's Grace Guaranteed!

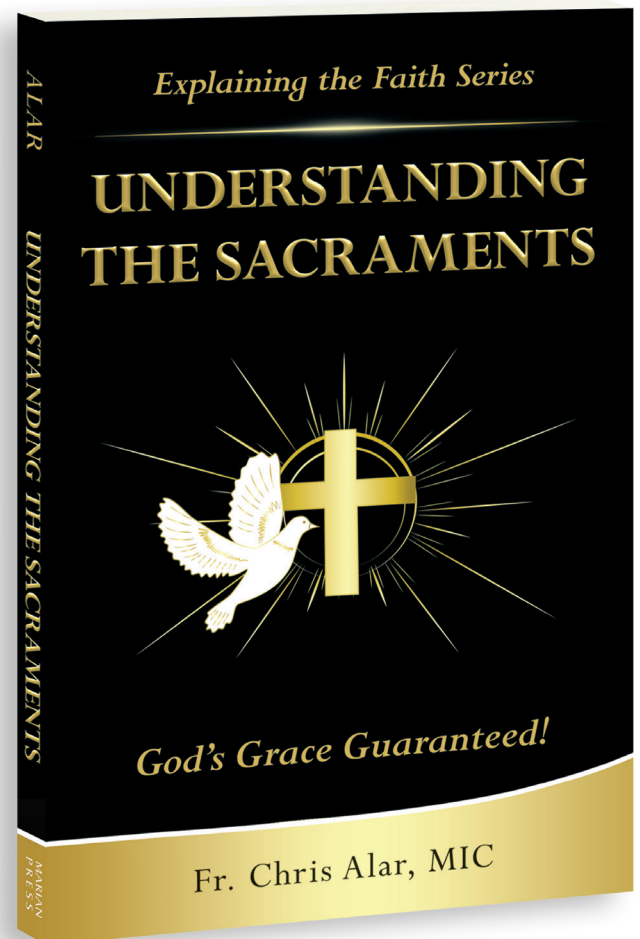
By Fr. Chris Alar, MIC

Why is the Catholic Church different from any other church? First, the Catholic Church is the only church founded by Jesus Christ Himself. All other Christian churches were founded by an ordinary man or woman.

Second, **the seven Sacraments**. These are not just symbols but God's guaranteed grace. They are Biblical, as they were instituted by Christ and entrusted to His Church. It is Christ Who acts and communicates His grace through **Baptism, Eucharist, Confirmation, Reconciliation** (Confession), **Anointing of the Sick, Holy Orders** (Ordination), and **Matrimony**.

In his engaging style, Fr. Chris Alar, host of the popular "Explaining the Faith" online talks, takes us "back to seminary" for a refresher course on what all Catholics should have learned. He answers such questions as, *Why do we baptize infants?* *Where is Confession in the Bible?* *Is my marriage valid?* And many more.

"As St. Thomas Aquinas taught, 'You cannot love what you do not know,'" Fr. Chris says. "I hope you will come to love your Catholic Faith more deeply, in a way that will change your life! And if you have already learned about the Sacraments, I believe this book may be a good review and a source of some new information. Let's get started!"



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FATHER CHRIS ALAR, MIC, is the Provincial Superior of the Blessed Virgin Mary, Mother of Mercy Province of the Marian Fathers of the Immaculate Conception in the United States and Argentina. He entered the Marian Congregation in 2006 and was ordained to the priesthood in 2014. He is the author of the bestseller *Understanding Divine Mercy*, and is co-author of *After Suicide: There's Hope for Them and for You*. He is host of the EWTN show *Living Divine Mercy*, which airs on Thursdays, 10 pm EST. From 2014-2024, he served as "Fr. Joseph, MIC," the Director of the Association of Marian Helpers and the head of Marian Press, located on the grounds of the National Shrine of The Divine Mercy in Stockbridge, Massachusetts, U.S.A.

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